

Minutes to Capital Crew Boosters Meeting

November 20th, 2006

CSUS Aquatic Center, 7:00 PM

Club President, Debi Brakebill, called the meeting to order at 7:15 PM.

Board members in attendance were Debi Brakebill, Charlie Painter, Leslie Borasi, Mary Jo Herman, Lori Rediger, and Lorraine Allen. The Aquatic Center staff/coach members present were Dave Hayashi, Dameon Engblom, Vanessa Tavalero, and Melissa Fenner.

Leslie gave us an updated total of \$23,426.00 for the Erg-A-Thon. The average is \$40,000.00 and the board is still hopeful that many more donations will come through in the near future. Leslie thanked all the coaches for their support in the letter writing process and the Erg-A-Thon. She also stated that she was happy to see some Alumni had sent in donations. Charlie thanked Leslie for all her hard work on the Erg-A-Thon.

Dameon suggested that the rowers write a personal letter when they send out the Erg-A-Thon donation letters. Dave questioned as to when the thank you letters would go out to the donors. Leslie advised that new postcards would be produced with Debi's graphic assistance. A date in January would be coordinated with the coaches for the athletes to sign and address the postcards. Each athlete will be provided with the names and addresses of donors who supported them.

Melissa asked for a few Erg-A-Thon packets for her two new Novice women. Leslie stated that she will get the packets to her.

Dameon stated that this is a slow week for them because of the holiday and anyone who shows up to practice is placed in a small boat. He believes the skills learned in rowing a smaller boat will help them in the eights. He hopes to send a few boats to Nationals.

Dameon stated that in Boston 1 rower was sick, yet they had a great race and only missed their goal by 5 seconds. He said the men were able to tour Harvard while they were in Boston.

In Newport the men did great and the varsity men's 8+ won the gold. They beat Newport by 2 seconds. Dameon said that the varsity men's 8+ is competitive with other top teams.

Dave stated that his women athletes are younger this year, and they need to learn to perform at a varsity level; however, they are competitive.

Dave informed us that there have been several visits from the college coaches like Berkeley, UW, Tulsa, and Gonzaga out to watch the Senior and Junior Women's athletes.

Dave stated that a few girls have signed, and others still can sign in the Spring. He also stated that not all athletes are given scholarship, for some are just given help with admissions.

The regatta for December 3rd has been moved to December 9th.

Dave stated that they went to the coaches meeting where the coaches worked out a schedule for the Spring season. The varsity will have two trips to the Bay Area and one in San Diego. He expects the schedules to be out by the end of December after it is reviewed by the coaches and the Aquatic Center Staff.

Vanessa stated that the novice men have been training for the last two months. They are now rowing all eights. She also has them lifting weights. She currently has 23 rowers and 3 coxswains.

Melissa has 32 rowers and 6 coxswains. She is teaching them the basics, and they are looking forward to the next regatta.

Debi stated that Liz would like to select a date in January for the Health and Nutrition night. Dave stated that the coaches still want to meet with the speaker.

Lorraine asked that the October minutes be approved.

Debi also stated that depending on how the Erg-A-Thon did, Peggy is considering other fund raisers.

Dave stated that he needs the Head of the Charles and the Newport check from the Booster's Club for the Aquatic Center. He will contact rowers and parents if any checks are missing.

Mary Jo is working on a list of volunteers for the team dinners. Charlie suggested someone take pictures of the dinners.

Lori stated that she deposited \$7,600 and the inventory is worth \$3,000. She wants the board to consider using other suppliers because JL is slower than other suppliers. She suggested Reicharts, which is family owned and Sew Sporty.

Charlie said the 4th Annual Alumni Day is on Friday, November 24th, 2006 from 10:00 AM to 2:00 PM. He has about five volunteers there to help him set up. Dave is assisting him and will be there to open the doors at 9:00am. He has received 46 confirmations. Charlie plans to send out reminder emails to all Alumni's. He expects that 50 to 70 kids will also attend. He will take photos of the event.

Charlie stated that Clayton took pictures at the last regatta and placed them on a CD, which he was pleased to find in his mailbox before he returned home. He needs photos of Boston, Newport, and the Erg-A-Thon.

Alumni Kathy Johnson sent Charlie a nice email thanking him for tracking her down.

Charlie stated that we need to find a speaker for the awards ceremony and we should all look for someone. Dave stated that his coxswain, Jessa Carlson, knows a motivational speaker that the Boosters may want to consider.

Charlie stated that we need a roster of all the rowers, coxswains, and assistant coaches.

Leslie suggested that we work on raising awareness of the program to help increase the number of rowers. She offered to help the communications committee and chair. Leslie suggested that we could send in photos, fact sheets, and registration dates to the local papers. She has a sports marketing background and can help put together the necessary materials. We can begin

a renewed effort in approaching key media and high school officials. She noted the Sac Bee has a new Prep Sports section that can be targeted.

Dave stated that many of our new rowers come from the Summer Camp program at the AC and from High School Club days.

Dameon stated that he would like to see a month to month rowing program set up at the AC during the summer to expose other athletes to rowing.

Dameon also suggested that the student athletes get more involved with putting together a booth on Club Day that will catch the attention of prospective athletes.

Lori said that she would work with Rio to see if she could obtain permission to recruit students there on their club day. Debi added that she would work with Del Campo. Lorraine suggested recruiting at the local Junior High Schools. Leslie stated that she could put together a fact sheet to help with recruiting.

The next meeting is scheduled for December 18th, 2006 at the home of Debi Brakebill.

Debi called the meeting to close at 8:55 PM.