

Minutes to Capital Crew Boosters Meeting

June 19, 2006

CSUS Aquatic Center, 7:00 PM

Club President, Debi Brakebill, called the meeting to order at 7:15 PM.

Board members in attendance were Debi Brakebill, Liz Connors, Leslie Borasi, Charlie Painter, Peggy Arrivas, Lorraine Allen, Lori Rediger, and Mary Jo Herman. The Aquatic Center staff/coach members present were Sam Sweitzer and Dave Hayashi. There were two guests present Kathy Lopez and Lisa Vogelsang. Both are considering taking on the roll of Hospitality that was previously filled by Darci Bauer.

Debi took the time to welcome all members to the 2006-2007 season for Capital Crew Boosters Club. She also thanked everyone for devoting their time to CCB.

Debi informed the board of her concerns that there will only be two members returning to the board next season since five of the board members will have seniors that will be graduating after this season. Debi decided that she wanted this board to leave instructions for the next board in order to make their transition a smooth process. She picked up notebooks for each board member. In the zippered notebooks, the board members have their job description, the club by-laws, the season's schedule, and other tools vital to each position.

All of the board members thanked her for taking the time to put these books together and were thrilled to receive the notebooks.

Sam informed us that Dave Hayashi will return next season to coach the varsity women's team. Dameon, Vanessa, and Taylor will also return. His priority is to fill the position of coach for the varsity men's team. He stated that Taylor will remain as an assistant coach because he likes the position. Currently, he is looking for assistant coaches since Brian Geist will not be returning.

Sam asked for a check from the board in the amount of \$1,250 to cover for the expenses of the light weight women's team that raced in the nationals in Cincinnati. He said that the expense for the rental car was higher because of the car insurance.

Sam stated that Darci Bauer worked with him to schedule the trip and she has volunteered to assist Sam with travel in the future. Debi told him that there is a position opened for a travel coordinator.

Peggy wrote him a check in the amount of \$1,250.00 on behalf of the CCB for the Cincinnati trip.

Sam states he will be the head coach for the Development Camp that begins in July. He informed us that 4 females and 5 males from Capital Crew are registered for Development Camp. He has approximately 40 rowers signed up for the camp.

He said that the expense is slightly higher this year because the rowers will be at the camp for a full week. He knows the holiday is a concern, yet he needs the time to train and select the top athletes to go with him to US Rowing National Championships in Indianapolis.

The camp will cost \$750 for the first and second weeks. The last week will cost \$975 because of the cost of travel.

Dave turned over to Charlie the forms he found in the awards box. The order forms were for the seniors to order a DVD from of the speeches from the awards banquet. He stated that a banner was left behind at the awards banquet and he will put it in the trailer.

The trip to Cincinnati was difficult for both Dave and the athletes. Dave said that they were grounded in Phoenix because of a sandstorm and he had to work for hours with US Airways in order to get another flight out of Phoenix and arrive on time in Cincinnati. The team slept in the airport.

Once they arrived in Cincinnati, they found out that their luggage was lost. Luckily, Dave had requested the girls pack their uniforms in their carry-on luggage. The girl's luggage was eventually found and sent to their hotel. Dave's luggage was sent to Oklahoma.

Dave said that even though he informed the hotel that they would be arriving late and the hotel agreed to hold their rooms, they arrived to find that their suite was given away. They were sent to another hotel where they received smaller rooms that were not properly cleaned. Dave complained so the hotel did not charge them for their rooms.

Dave stated that even after all of this the girls did very well. They were able to qualify for the semifinals on their first heat.

The women's light weight 4+ placed third in the semifinals. In the finals the women's light weight 4+ placed third and brought home bronze medals.

Dave was very proud of the girls for doing so well under difficult circumstances and took the girls out for the traditional ice cream following the finals.

The board thanked Liz for doing a great job on the banquet.

The banquet was under budget and she is still waiting for CSUS to send her an invoice on the room charge. Sam said that the room charge is often waived when you use their catering staff.

Debi suggested that the board hire a dietician to speak to the rowers at the banquet about their eating habits. Liz suggested that the dietician speak to them at orientation. Any profession speaking to the athletes needs to be screened carefully and approved through Sam and the Aquatic Center. Charlie stated that it is important to review topics like hydration with the athletes. Liz also suggested that the speaker come to fall orientation, to Parent's Day, or to hold a health and nutrition day. Lorraine suggested that a physical therapist also be invited to speak to help reduce the athlete's injuries. The board will look into scheduling a health and fitness day in early November.

Peggy stated the projection column on the budget has changed a little. The budget will come out close to where it was when we started the year.

Sam requested that the board consider spending any surplus on equipment like new boats because the novice program has older boats and the program would benefit from using new boats. He suggested the board add the funds

not spent during last season to be added to next year's budget. The budget committee agreed to take this into consideration.

Peggy stated that she needed volunteers for the Budget Sub-Committee. Debi and Leslie volunteered to be on the committee this year.

Leslie stated that she needs to set a date for the Erg-A-Thon. Sam stated that it is traditionally scheduled for the weekend following the Newport Regatta. Possible dates are November 4th, 11th, or 18th.

Lorraine requested on approval on the May minutes. Debi suggested that the minutes not be posted online until the board had an opportunity to approve them. The board approved the minutes for May 15th, 2006.

Mary Jo stated that she has nothing to present at this time.

Charlie is working on the video from the awards banquet; however, he still needs help identifying a few seniors.

He also stated that he wants a copy of the segment that News 10 did on the women's lightweight four that placed third in Cincinnati. Lorraine suggested he call the station to get a copy of the broadcast.

Dave stated that he was impressed with how well News 10 did with the segment. He called News 10 after the final race to tell them that the girls placed third and News 10 ran a small story with the results of the race on the Sunday news.

Liz asked if anyone was working on the Alumni news. She said that she would like to include a story about her daughter who rowed in the Women's Henley. She will send pictures to Charlie with race results, so he can post them on the website.

Lori stated that she has nothing to report at this time.

Liz wanted to know if Lori could order some girl cut t-shirts for Capital. Debi inquired about ordering beach style chairs in green with the Capital logo on the back. Lorraine suggested that the logo wear include the name "mom" or "dad," so parents can purchase their own logo wear. Charlie

stated that traditionally fans of the rowing team used mega phones to show their support. Lori stated that she would look into all of these suggestions.

Kathy and Lisa may take over for Darci in the Food and Hospitality for the athletes. Darci will not be able to continue for the next season.

Daphne Harmon will continue in her role of working with the parent's events for the Food and Hospitality.

Liz suggested that they obtain approval through Sam when planning events. Sam stated that the Aquatic Center is often booked so he needs notice prior to all events.

The next board meeting has been scheduled for July 24th, 2006.

Debi called the meeting to a close at 8:45 PM.