

Everyday Champion -- David Weir *Courtesy: Oregon State Sports Information*

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David Weir is a member of the Oregon State rowing team. David is a very hardworking, dedicated student athlete. When David isn't doing outstanding academic work you can find him at the North Corvallis Firehouse where he makes his employment as a firefighter, or you will find him working on improving himself as a rower at the Oregon State rowing facilities.

OSU's Caleb Hawley had a chance to sit down with Weir as this week's Everyday Champion, in partnership with Target.



Q. You are from California... How did you come across Oregon State and what influenced you to enroll here?

A. I was rowing in California and I was pretty much trying to find a place where I could row competitively in college. I wanted to stay close to home, but kind of get away. Fred Honebein, the former head coach came down to our boat house in high school one day and watched a practice. After practice he invited me up to take a visit. I visited and out of the other options that I had, this was the best fit.

Q. What got you interested in the major of Exercise and Sports Science?

A. It's pretty much the degree that Oregon State offers that covers the most ground that I wanted to pursue. Exercise and Sports Science will cover every prerequisite I will need to become a paramedic. Also after college I want to get into coaching. Having that sports background will help me with athletes.

Q. How did you get started in rowing, and what is it about the sport you enjoy so much?

A. I was originally a football player and my junior year I went out for a pass and dislocated my shoulder. The doctors all told me, because of the severity of the injury, I wouldn't be able to play football again unless I wanted to take the chance of not being able to use my arm. My uncle was a coach at the high school rowing program down the road and he just said, "Why don't you come row?" At first I was a little pessimistic about that, like "what's that?" But I went down for a practice and was hooked automatically. It's the ultimate team sport. It is eight guys going after it. There can't be one weak guy. It's got to be an entire unified team. If not, you're not going to do anything.

Q. What are your plans once you get your degree and finish your rowing career at OSU?

A. It's pretty much wherever the wind takes me. I'm a firefighter right now, but if I can find a job in Oregon and can find a place where I can like it, I'll stay in Oregon. If not I can go back to California and go firefight there. It's kind of just wherever the wind takes me.

Q. What do you do to maintain a high GPA with your strenuous schedule?

A. It's extremely difficult. Managing time is only one part of it. You have to create a schedule and stick to it. Depending on what day practice is, I'm usually up at five, going to the bay and checking out the engines to make sure they are all good to go. Then I have to be at school by eight. I have class everyday and we have practice three hours every day at least. It's creating a schedule and sticking to it, being relentless.

Q. What do you like to do in your free time, when you actually have time to yourself. in your busy schedule?

A. Just relaxing. The way our station is set up, if you are in the station it is common courtesy if the sirens go off you are expected to go help the guys on the shift. But the times I do get out I like to be outdoors. I really like athletics, like playing football. Just being outside and getting to hangout with the guys I work with and the guys I row with.

Q. What do you enjoy most about being part of the OSU rowing team?

A. The rich history here. A lot of people don't really know about how much this team has for a past. We are a legitimate top 10 usually. The team has so much history that this school doesn't know about. When I was looking into this school we were always on the brink. I want to be part of the guys that want to push it up and take it to the next level. I wanted to come to Oregon State to help make history.

Target wants to congratulate David Weir, who is this week's Everyday Champion. As a Company structured entirely of teams, Target understands how crucial each and every Team Member is, both on and off the field. OSU Athletics and Target would like to recognize these outstanding Athletes for not only driving their own individual accomplishments, but for driving their team's ultimate success. Target is a proud partner with OSU Athletics.

David Weir

Novice – Novice

Height: 6-1 Weight: 200

Freshman

Last School

Folsom HS

Capital Crew

Folsom, Calif.

Courtesy: Oregon State Sports Information

Release: 10/03/2006

Oregon State

(2006) Rowed in the Freshman 4+ and 8+... Frosh 4+ finished fourth at the IRA Championships... Freshman 8+ earned a bronze medal finish at the Pac-10 Championships... Frosh 8+ earned dual meet victories over Stanford and Santa Clara.

Folsom HS: Played football for four years and wrestling for three... Participated in Capital Crew for two years... Army All-American Scholar Athlete... Earned Most Inspirational Award in football.

Personal: Born in Long Beach, Calif. ... Son of Tawny and Kirk Weir... Has one sister, Karli, 15... Contemplating a career as a firefighter... An intern firefighter for the Corvallis Fire Department.